

Bullying and Social Exclusion: one real story



Erasmus+

AGENZIA
NAZIONALE
INDIRE



unsafe
SOCIAL-EXCLUSION
hopelessness
anger
different
alone
abandonment
worthless
criminalization
unprotected
despair
vulnerable
nutritional exclusion
survival
unloved

Alessandro tells...

Primary school:

I was shy, impatient, full of fears, a perfect bully target. I was always insulted by a class mate, he kept going on with bad jokes to make me feel bad. I did not want to go to school anymore. But finally I told my parents, they warned the professors and the bully was suspended for a week.

I thought it was over but I was wrong...



High School...

I was bullied again. I felt terrified and impotent, I ended up withdrawing within myself and feeling terribly alone. I thought that everybody was an enemy and I trust no one. One day I tried to react but I got a strong punch on my belly, everybody was staring at me without doing and saying anything...



The Turning Point...

A coraageous classmate went to the headmaster and denounced the bully. The day after the headmaster assembled the class' council that removed the bully from the school. My companions finally apologized.

A good lesson was learnt: tell somebody you trust what is going on and let people help you

