

ERASMUS+ Key Action 2

Project: “Bullying Free Minds”

2nd Transnational Meeting

Soverato - Italy

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Cyber bullying in Greece

3rd Lyceum

Volos - Greece

Garifallou Aikaterini

Samara Eleni

Vetsika Alexia

Zma Maria

Adolescent Risky Behaviour in the Cyber world

- Compulsive use of the internet
- Sharing passwords
- Exposure to harmful or illicit online material
- Uploading intimate material or personal information
- Talking to or meeting with strangers
- Involvement with any kind of aggressive act carried out through the internet or cellular phones

CYBER BULLYING

The act of harassing someone on line by sending or posting mean, hurtful or intimidating messages, usually anonymously.



Statistics for cyber bullying in Greece

Studies in Greece from 2002 up to date have shown that the percentage of adolescents who are involved in incidents of cyber bullying ranges between 4% to 33% for the bullies and 4% to 49% for the victims.



Gender plays a role

Evidence suggests that girls are more frequently victims of cyber bullying, while boys engage more in cyber bullying behaviours as offenders.



Adolescents experience cyber-bullying incidents, mainly through **insulting and offensive messages**, having **rumours** spread about them, being attacked or **insulted in an online game** setting, or experiencing attacks to their **personal information**.



(Cyber)Bullying

A relationship between traditional and cyber bullying: bullies and victims seem to extend (or alternate) their roles from the school yard to the cyber world and vice versa.



Long-term cyber bullying
has consequences in their
learning, socialisation and
psychosomatic well-being.



Internet addiction and cyber bullying

Excessive internet use has been steadily associated with a variety of risky internet activities including bullying others online.



Public and private bodies concerned with safe ICT use in Greece



Intervention - Prevention

Successful interventions against cyber bullying should involve the development of proactive policy

- introducing relevant practices in schools for both students and teachers
- making use of the interactive and positive aspects of ICT
- holding classroom discussions with students to enhance empathy, positive self-esteem and social skills.



Cybercrime Unit (a unit within the Hellenic Police responsible to enforce the law in cases of internet crimes).

“TABBY in Internet” (aimed at developing an intervention to help students assess the risk associated with certain ways of using the internet, especially social networks, and take action to reduce their own risk both of potentially or actually harming others or of being the target of these behaviours).



Thank you for your attention.